

Disclaimer

Shaker Deluxe is not a toy. This product is designed to be used for breathing exercises only. Any other use is not recommended.

The material in this manual is for information purposes only. POWERbreathe International Ltd makes no representations or warranties with respect to this manual or with respect to the products described herein. No claims are made or implied in the use or results of equipment herein. POWERbreathe International Ltd shall not be liable for any damages, direct or incidental, consequential or special, arising out of the use of this material or the products described herein.

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All details are correct at time of going to press.

Limited 12 month Manufacturers Warranty:

Shaker Deluxe is produced exclusively for Powerbreathe International Ltd for International Distribution. This warranty gives the purchaser specific legal rights. The purchaser may also have other statutory rights. Powerbreathe International Ltd hereby warrants to the original purchaser whose name shall be duly registered with it that the product sold by it is free from defects in the material and workmanship.

The obligations of POWERbreathe International Ltd under this warranty are limited to the repair and replacement of such part or parts of the unit as shall be found upon inspection to be defective in material or workmanship. Misuse, abuse or accidents, negligence of the precautions, improper maintenance or commercial use, cracked or broken cases are

What is Shaker Deluxe?

Shaker Deluxe is an easy to use respiratory device for mobilising pulmonary secretions such as mucus and catarrh. Shaker Deluxe has been developed using the latest design technology. Ergonomic and simple to use, it requires no additional assembly.

How does the Shaker Deluxe work?

Inside the casing of the Shaker is a weighted ball. By breathing into the Shaker Deluxe, the ball is raised, but then falls under its own weight. This rise and fall action happens extremely quickly and to the user, feels like a vibration. This vibration, combined with the gentle resistance created by breathing against the ball causes a number of positive benefits. Changes in air pressure mean the smaller airways are encouraged to open, increasing lung usage and efficiency. Mucus is thinned or dislodged by the vibration and increased airflow helps this mucus to move to the large airways where gentle coughing can expel it.

Shaker Deluxe can be used anywhere, offering simple and convenient relief from excessive mucus and its associated problems. Shaker Deluxe can be used for chronic conditions such as COPD, asthma, emphysema and acute problems like chesty coughs, flu and bronchitis. By clearing the airways the chances of developing lung infections and damaging the lungs is reduced. Lung function is also improved, reducing breathlessness and fatigue.

How to use Shaker Deluxe

Either sitting or lying down, use your lips to form a seal around the mouthpiece. Make sure the mouthpiece is in a horizontal position.

Breathe in through the nose and exhale through the mouth.

Position the device so that it generates the maximum vibration in the lungs, which should be easily felt by placing your hand on your chest whilst breathing out.

Gently cough and expel any secretions regularly, or as and when necessary.

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For more information please visit [www.powerbreathe.com](http://www.powerbreathe.com)  
Telephone: +44 (0)1926 816100

Contact information

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CE MDD 93/42/EEC EC REP POWERbreathe International Ltd E & OE © PBSO 4/2018 JN.4083 V1 GB

Precautions

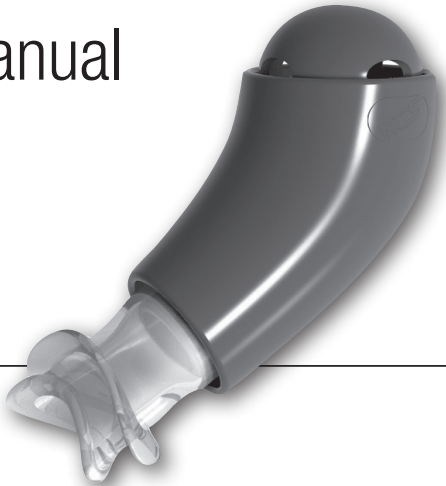
- Shaker Deluxe is a single user device and for hygiene purposes, should not be shared with other users.
- Shaker Deluxe should not be used by individuals with pneumothorax.
- Individuals with severe cardiovascular disease should only use Shaker Deluxe on advice from a Doctor.
- Do not make changes to any prescribed medication or prescribed treatment programme without consulting your doctor.
- Adult supervision may be required, when being used by children under the age of 16.
- If you become dizzy while using Shaker Deluxe, stop the exercise and breathe calmly through the nose until the feeling stops. If dizziness occurs every time you use the Shaker Deluxe, inhale and exhale without the Shaker Deluxe every 3rd breath. Should dizziness persist, or any other problems arise whilst using Shaker, please stop using the device immediately and consult your physician.
- Shaker Deluxe is designed to be used for mobilising pulmonary secretions. No other use is intended or implied. This product is not intended to diagnose, cure or prevent any disease.
- Only devices sold in sealed packaging should be used.
- Store in a cool, dry place, away from direct heat and sunlight.
- This product is sealed to maintain hygiene and cannot be returned if the seal is broken.

Technical Specifications

Body, cone, lid and mouthpiece are all made from Injected polyimide. The weighted ball is nickel plated steel/stainless steel.

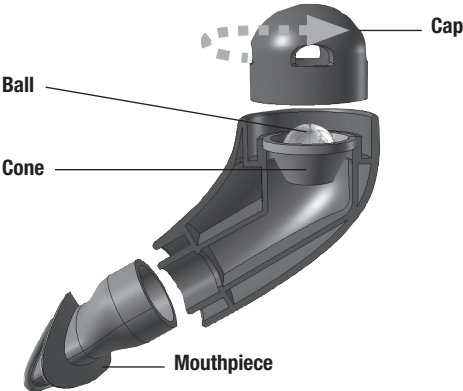


User Manual



Care and Maintenance

Because your Shaker Deluxe will be exposed to saliva during use, we recommend that your Shaker Deluxe is cleaned after use. Remove the mouthpiece, unscrew the back case and remove the ball and internal cone. Wash all parts in soapy water, rinse with clean water, dry thoroughly and re-assemble. Once a week we recommend that the device is cleansed using approved cleansing tablets.



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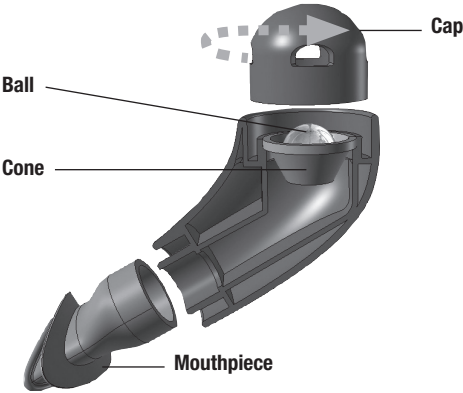
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